



Adelanto Elementary School District

(1040) 1 % WHITE MILK 8 OZ	Total Carbohydrate (g)	
	Recipe	1 EACH
1 % WHITE MILK 8 OZ	16	16
	<b>16</b>	<b>16</b>

\* Total includes one or more missing nutrient data.

(1054) APPLE JUICE 4OZ	Total Carbohydrate (g)	
	Recipe	1 EACH
APPLE JUICE 4OZ	14	14
	<b>14</b>	<b>14</b>

\* Total includes one or more missing nutrient data.

(416) APPLESAUCE	Total Carbohydrate (g)	
	Recipe	4 OZ
APPLESAUCE UNSWEETENED (CANNED)	13.0068	13.0068
	<b>13.0068</b>	<b>13.0068</b>

\* Total includes one or more missing nutrient data.

(sys-42) BEAN AND CHEESE CHIMINADA	Total Carbohydrate (g)	
	Recipe	EACH
BEAN AND CHEESE CHIMINADA	39.8665	39.8665
	<b>39.8665</b>	<b>39.8665</b>

\* Total includes one or more missing nutrient data.

(413) BLUEBERRIES	Total Carbohydrate (g)	
	Recipe	4 OZ
BLUEBERRIES	10.41	11.8047
	<b>10.41</b>	<b>11.8047</b>

\* Total includes one or more missing nutrient data.



(7558) BLUEBERRY MUFFIN TOP	Total Carbohydrate (g)	
	Recipe	EACH
BLUEBERRY MUFFIN TOP	42	42
	<b>42</b>	<b>42</b>

\* Total includes one or more missing nutrient data.

(211) CINNAMON TOAST	Total Carbohydrate (g)	
	Recipe	EACH
CINNAMON TOAST	26	26
	<b>26</b>	<b>26</b>

\* Total includes one or more missing nutrient data.

(1250) CINNAMON TOASTERS CEREAL	Total Carbohydrate (g)	
	Recipe	EACH
CINNAMON TOASTERS CEREAL	43.7677	43.7677
	<b>43.7677</b>	<b>43.7677</b>

\* Total includes one or more missing nutrient data.

(236) COCOA PUFFS CEREAL	Total Carbohydrate (g)	
	Recipe	EACH
COCOA PUFFS CEREAL	47	47
	<b>47</b>	<b>47</b>

\* Total includes one or more missing nutrient data.

(sys-301) COUNTRY BREAKFAST SCRAMBLE 131/3.65 OZ SERVINGS	Total Carbohydrate (g)	
	Recipe	3.65 OZ
COUNTRY BREAKFAST SCRAMBLE 131/3.65 OZ SERVINGS	9	9
	<b>9</b>	<b>9</b>

\* Total includes one or more missing nutrient data.

(212) CRUMB SQUARE	Total Carbohydrate (g)	
	Recipe	EACH
CRUMB SQUARE 28 CT PER CS	47	47

\* Total includes one or more missing nutrient data.



(212) CRUMB SQUARE	Total Carbohydrate (g)	
	Recipe	EACH
	47	47

\* Total includes one or more missing nutrient data.

(417) DICED APRICOTS	Total Carbohydrate (g)	
	Recipe	4 OZ
APRICOTS, DICED PEELED 6/#10	12.8026	12.8026
	<b>12.8026</b>	<b>12.8026</b>

\* Total includes one or more missing nutrient data.

(1022) DICED PEACHES	Total Carbohydrate (g)	
	Recipe	4 OZ
DICED PEACHES	13.1201	13.1201
	<b>13.1201</b>	<b>13.1201</b>

\* Total includes one or more missing nutrient data.

(432) DICED PEARS	Total Carbohydrate (g)	
	Recipe	4 OZ
PEARS, DICED 6/#10	14.6737	14.6737
	<b>14.6737</b>	<b>14.6737</b>

\* Total includes one or more missing nutrient data.

(sys-234) EGG AND CHEESE ROLLED TACOS IW	Total Carbohydrate (g)	
	Recipe	EACH
EGG AND CHEESE ROLLED TACOS IW	17	17
	<b>17</b>	<b>17</b>

\* Total includes one or more missing nutrient data.

(1063) HAWAIIAN BREAKFAST SANDWICH	Total Carbohydrate (g)	
	Recipe	Each
HAWAIIAN BREAKFAST SANDWICH 100 SRV PER CS	27.21	27.21
	<b>27.21</b>	<b>27.21</b>

\* Total includes one or more missing nutrient data.



(216) LEMON CHIP CRUNCH BAR	Total Carbohydrate (g)	
	Recipe	EACH
LEMON CHIP CRUNCH BAR	41	41
	<b>41</b>	<b>41</b>

\* Total includes one or more missing nutrient data.

(238) MARSHMELLOW MATEYS CEREAL	Total Carbohydrate (g)	
	Recipe	EACH
MARSHMELLOW MATEYS CEREAL	47	47
	<b>47</b>	<b>47</b>

\* Total includes one or more missing nutrient data.

(219) MUFFIN, DOUBLE CHOCOLATE 60 CT	Total Carbohydrate (g)	
	Recipe	EACH
MUFFIN, DOUBLE CHOCOLATE 60 CT	40	39.6893
	<b>40</b>	<b>39.6893</b>

\* Total includes one or more missing nutrient data.

(310) OATMEAL CHOCOLATE BENEFIT BAR	Total Carbohydrate (g)	
	Recipe	EACH
OATMEAL CHOCOLATE CHIP BENEFIT BAR	46.9999	46.9999
	<b>46.9999</b>	<b>46.9999</b>

\* Total includes one or more missing nutrient data.

(1050) ORANGE JUICE 4 OZ	Total Carbohydrate (g)	
	Recipe	1 EACH
ORANGE JUICE 4 OZ	12.9999	12.9999
	<b>12.9999</b>	<b>12.9999</b>

\* Total includes one or more missing nutrient data.



(223) PANCAKE, CINNAMON GLAZED 80 CT	Total Carbohydrate (g)	
	Recipe	1 PACKAGE
PANCAKE, CINNAMON GLAZED 80 CT	36	30.0706
	<b>36</b>	<b>30.0706</b>

\* Total includes one or more missing nutrient data.

(202) PIZZA BAGEL	Total Carbohydrate (g)	
	Recipe	EACH
PIZZA, BREAKFAST BAGEL 96 CT PER CS	23.16	23.16
	<b>23.16</b>	<b>23.16</b>

\* Total includes one or more missing nutrient data.

(1041) RV FF CHOCOLATE MILK 8 OZ	Total Carbohydrate (g)	
	Recipe	1 EACH
RV FF CHOCOLATE MILK 8 OZ	23.0001	23.0001
	<b>23.0001</b>	<b>23.0001</b>

\* Total includes one or more missing nutrient data.

(sys-320) SNACK'N WAFFLE BUTTERY MAPLE	Total Carbohydrate (g)	
	Recipe	EACH
SNACK'N WAFFLE BUTTERY MAPLE	37	37
	<b>37</b>	<b>37</b>

\* Total includes one or more missing nutrient data.

(409) STRAWBERRY CUPS	Total Carbohydrate (g)	
	Recipe	EACH
STRAWBERRY CUPS	21.917	21.917
	<b>21.917</b>	<b>21.917</b>

\* Total includes one or more missing nutrient data.

(933) STRAWBERRY MILK	Total Carbohydrate (g)	
	Recipe	Each
MILK, STRAWBERRY SPLASH NONFAT 8OZ	0 *	0 *

\* Total includes one or more missing nutrient data.



(933) STRAWBERRY MILK	Total Carbohydrate (g)	
	Recipe	Each
	0 *	0 *

\* Total includes one or more missing nutrient data.

(230) SUNRISE SANDWICH	Total Carbohydrate (g)	
	Recipe	EACH
SUNRISE SANDWICH	16	16
	16	16

\* Total includes one or more missing nutrient data.

(528) SYRUP PACKET	Total Carbohydrate (g)	
	Recipe	EACH
SYRUP PACKET	16	16
	16	16

\* Total includes one or more missing nutrient data.

(529) TACO SAUCE PACKET	Total Carbohydrate (g)	
	Recipe	EACH
TACO SAUCE PACKET	1	1
	1	1

\* Total includes one or more missing nutrient data.

(1052) VERY BERRY JUICE 4 OZ	Total Carbohydrate (g)	
	Recipe	1 EACH
VERY BERRY JUICE 4 OZ	14.9999	14.9999
	14.9999	14.9999

\* Total includes one or more missing nutrient data.

(9126) WAFFLE AND SAUSAGE SANDWICH	Total Carbohydrate (g)	
	Recipe	SANDWICH
SAUSAGE PATTY	1	1
WG WAFFLES MAPLE	28	28
	29	29

\* Total includes one or more missing nutrient data.



(sys-323) WG MINI APPLE CINNAMON MINI MUFFIN	Total Carbohydrate (g)	
	Recipe	EACH
WG MINI APPLE CINNAMON MINI MUFFIN	19.5	19.5
	<b>19.5</b>	<b>19.5</b>

\* Total includes one or more missing nutrient data.

FILTERS	
Name(s)	Value(s)
Date Range	(Start = 10/1/2021, End = 10/30/2021)
Menu Plans	(Breakfast 2021/2022)
Nutrients	(Total Carbohydrate)