



Adelanto Elementary School District

(1040) 1 % WHITE MILK 8 OZ	Total Carbohydrate (g)	
	Recipe	1 EACH
1 % WHITE MILK 8 OZ	16	16
	16	16

* Total includes one or more missing nutrient data.

(465) 3 WAY SALAD	Total Carbohydrate (g)		
	Recipe	4 OZ	8 OZ
3 WAY ROMAINE SALAD	4.0023	4.0023	4.0023
	4.0023	4.0023	4.0023

* Total includes one or more missing nutrient data.

(sys-339) 51% WWW ARTISAN DINNER ROLL	Total Carbohydrate (g)	
	Recipe	ROLL
51% WWW ARTISAN DINNER ROLL	34	34
	34	34

* Total includes one or more missing nutrient data.

(sys-361) ANYTIME TRKY CHEESE WEDGE WG	Total Carbohydrate (g)	
	Recipe	SANDWICH
ANYTIME TRKY CHEESE WEDGE WG	30	29.9371
	30	29.9371

* Total includes one or more missing nutrient data.

(451) BABY CARROTS	Total Carbohydrate (g)	
	Recipe	EACH
BABY CARROTS	7.008	7.008
	7.008	7.008

* Total includes one or more missing nutrient data.



(446) BANANA	Total Carbohydrate (g)	
	Recipe	EACH
BANANA	18.5004	18.5004
	18.5004	18.5004

* Total includes one or more missing nutrient data.

(500) BBQ SAUCE PACKET	Total Carbohydrate (g)		
	Recipe	1 EACH	2 EACH
BQB SAUCE PACKET	8	4	8
	8	4	8

* Total includes one or more missing nutrient data.

(sys-168) BEAN & CHEESE W/GRN CHILI BURR IW78SRV	Total Carbohydrate (g)	
	Recipe	BURRITO
BEAN & CHEESE W/GRN CHILI BURR IW78SRV	56	56
	56	56

* Total includes one or more missing nutrient data.

(sys-65) BEAN AND CHEESE BURRITO-MS	Total Carbohydrate (g)	
	Recipe	EACH
BEAN AND CHEESE BURRITO-MS	46.9999	46.9999
	46.9999	46.9999

* Total includes one or more missing nutrient data.

(418) BEANS BLACK LO SODIUM	Total Carbohydrate (g)	
	Recipe	4 OZ
BEANS BLACK LO SODIUM	18.8921	18.8921
	18.8921	18.8921

* Total includes one or more missing nutrient data.

(sys-61) BEEF HAMBURGER RECIPE-MS	Total Carbohydrate (g)	
	Recipe	SERVING
BEEF STEAK BURGER PATTY	0.6	0.6

* Total includes one or more missing nutrient data.



(sys-61) BEEF HAMBURGER RECIPE-MS	Total Carbohydrate (g)	
	Recipe	SERVING
HAMBURGER BUN (WHITE WHOLE WHEAT)	29	29
	29.6	29.6

* Total includes one or more missing nutrient data.

(1082) BEEF TACO FILLING CRUMBLE (SEASONED)	Total Carbohydrate (g)		
	Recipe	2OZ	4 OZ
BEEF TACO FILLING CRUMBLE (SEASONED)	3.1999	0.04	3.1999
	3.1999	0.04	3.1999

* Total includes one or more missing nutrient data.

(895) BROCCOLI BUDS	Total Carbohydrate (g)	
	Recipe	1 EACH
BROCCOLI BUDS	3.7648	3.7648
	3.7648	3.7648

* Total includes one or more missing nutrient data.

(1013) BROWNIE BITES 120 SRV PER CS	Total Carbohydrate (g)	
	Recipe	Each
BROWNIE BITES 120 SRV PER CS	20	19.9213
	20	19.9213

* Total includes one or more missing nutrient data.

(9109) BUTTER HERB RICE 60-4 OZ SERVINGS	Total Carbohydrate (g)	
	Recipe	4 OZ
PARSLEY FLAKES	28.7124	0.4785
GARLIC POWDER	41.2372	0.6873
SALT FREE SEASONING	40.5046	0.6751
BUTTER (ROCKVIEW)	0	0
RICE, BROWN 25 LBS	2721.552	45.3592
Water	0	0
	2832.0062	47.2001

* Total includes one or more missing nutrient data.



(7845) CARNITAS	Total Carbohydrate (g)	
	Recipe	2.3 OZ
CARNITAS	1	1
	1	1

* Total includes one or more missing nutrient data.

(732) CELERY STICKS	Total Carbohydrate (g)	
	Recipe	4 OZ
CELERY STICKS	3.3679	3.3679
	3.3679	3.3679

* Total includes one or more missing nutrient data.

(9128) CHEESE CUPS & CHIPS	Total Carbohydrate (g)	
	Recipe	CHEESE & CHIPS
JALAPENO CHEESE CUPS	15	15
TORTILLA CHIPS IW	31	31
	46	46

* Total includes one or more missing nutrient data.

(550) CHEESE SAUCE	Total Carbohydrate (g)		
	Recipe	1 OZ	2 OZ
CHEESE SAUCE	4	1.3341	2.6682
	4	1.3341	2.6682

* Total includes one or more missing nutrient data.

(9006) CHICKEN SANDWICH RECIPE	Total Carbohydrate (g)	
	Recipe	SERVING
HAMBURGER BUN (WHITE WHOLE WHEAT)	29	29
BREADED CHICKEN PATTY	12	12
	41	41

* Total includes one or more missing nutrient data.



(sys-334) CHICKEN TACO	Total Carbohydrate (g)	
	Recipe	PACKAGE
CHICKEN TACO	27	27
	27	27

* Total includes one or more missing nutrient data.

(108) CHICKEN TENDERS	Total Carbohydrate (g)			
	Recipe	1 PIECE	2 PIECE	3 PIECES
CHICKEN TENDERS	12	4	8	12
	12	4	8	12

* Total includes one or more missing nutrient data.

(sys-293) CILANTRO	Total Carbohydrate (g)	
	Recipe	2 OZ
CILANTRO	3.67	2.0809
	3.67	2.0809

* Total includes one or more missing nutrient data.

(9014) COOKED CORN RECIPE 100-4OZ SERVINGS	Total Carbohydrate (g)	
	Recipe	4 OZ
BUTTER (ROCKVIEW)	0	0
CORN (CANNED)	1852.311	17.4746
BLACK PEPPER	18.1295	0.171
	1870.4405	17.6457

* Total includes one or more missing nutrient data.

(146) CORNBREAD MUFFIN	Total Carbohydrate (g)	
	Recipe	EACH
CORNBREAD MUFFIN	23	23
	23	23

* Total includes one or more missing nutrient data.

(426) CRAISINS 300 CT	Total Carbohydrate (g)	
	Recipe	bag
CRAISINS 300 CT	84.848	27.9026

* Total includes one or more missing nutrient data.



(426) CRAISINS 300 CT	Total Carbohydrate (g)	
	Recipe	bag
	84.848	27.9026

* Total includes one or more missing nutrient data.

(996) CRINKLE CUT FRIES	Total Carbohydrate (g)	
	Recipe	3 OZ
CRINKLE CUT FRIES	20.0114	20.0114
	20.0114	20.0114

* Total includes one or more missing nutrient data.

(417) DICED APRICOTS	Total Carbohydrate (g)	
	Recipe	4 OZ
APRICOTS, DICED PEELED 6/#10	12.8026	12.8026
	12.8026	12.8026

* Total includes one or more missing nutrient data.

(472) DICED ONION	Total Carbohydrate (g)	
	Recipe	2 OZ
DICED ONION	5.2957	5.2957
	5.2957	5.2957

* Total includes one or more missing nutrient data.

(906) EDAMAME	Total Carbohydrate (g)	
	Recipe	EACH
EDAMAME	7.5778	7.5778
	7.5778	7.5778

* Total includes one or more missing nutrient data.

(201) EGGSTRAVAGANZA	Total Carbohydrate (g)	
	Recipe	2 OZ SERVING
EGGSTRAVAGANZA	2	2
	2	2

* Total includes one or more missing nutrient data.



(sys-128) FRESH CAULIFLOWER	Total Carbohydrate (g)	
	Recipe	4 OZ
FRESH CAULIFLOWER	5.6359	5.6359
	5.6359	5.6359

* Total includes one or more missing nutrient data.

(703) FRESH PLUM	Total Carbohydrate (g)	
	Recipe	EACH
FRESH PLUM	18.843	18.843
	18.843	18.843

* Total includes one or more missing nutrient data.

(126) GALAXY PIZZA	Total Carbohydrate (g)	
	Recipe	EACH
GALAXY PIZZA	28.9999	28.9999
	28.9999	28.9999

* Total includes one or more missing nutrient data.

(sys-64) GALAXY PIZZA-MS	Total Carbohydrate (g)	
	Recipe	EACH
GALAXY PIZZA-MS	28.9999	28.9999
	28.9999	28.9999

* Total includes one or more missing nutrient data.

(28) GRAPE TOMATOES	Total Carbohydrate (g)	
	Recipe	2 OZ
GRAPE TOMATOES	2.2056	2.2056
	2.2056	2.2056

* Total includes one or more missing nutrient data.

(444) GREEN APPLE	Total Carbohydrate (g)	
	Recipe	EACH
GREEN APPLE	25.1342	25.1342

* Total includes one or more missing nutrient data.



(444) GREEN APPLE	Total Carbohydrate (g)	
	Recipe	EACH
	25.1342	25.1342

* Total includes one or more missing nutrient data.

(420) GREEN BEANS	Total Carbohydrate (g)	
	Recipe	4 OZ
GREEN BEANS	4.4112	4.4112
	4.4112	4.4112

* Total includes one or more missing nutrient data.

(1063) HAWAIIAN BREAKFAST SANDWICH	Total Carbohydrate (g)	
	Recipe	Each
HAWAIIAN BREAKFAST SANDWICH 100 SRV PER CS	27.21	27.21
	27.21	27.21

* Total includes one or more missing nutrient data.

(517) JALAPENOS SLICED	Total Carbohydrate (g)	
	Recipe	2 OZ
JALAPENOS SLICED	2.6875	2.6875
	2.6875	2.6875

* Total includes one or more missing nutrient data.

(7215) KETCHUP PACKET	Total Carbohydrate (g)		
	Recipe	1 EACH	2 EACH
KETCHUP PACKET	6	3	6
	6	3	6

* Total includes one or more missing nutrient data.

(520) MAYO PACKET	Total Carbohydrate (g)	
	Recipe	1 EACH
MAYO PACKET	0	0
	0	0

* Total includes one or more missing nutrient data.



(9041) MEXICORN	Total Carbohydrate (g)	
	Recipe	4 OZ
PARMESAN CHEESE (GRATED)	23.6605	0.3155
CORN (CANNED)	1389.2332	18.5231
MAYO GALLON	22.6797	0.3024
TAJIN	0	0
	1435.5734	19.141

* Total includes one or more missing nutrient data.

(908) MINI BLUEBERRY MUFFIN	Total Carbohydrate (g)	
	Recipe	EACH
MINI BLUEBERRY MUFFIN	19.5	19.5
	19.5	19.5

* Total includes one or more missing nutrient data.

(524) MUSTARD PACKET	Total Carbohydrate (g)	
	Recipe	1 EACH
MUSTARD PACKET	0	0
	0	0

* Total includes one or more missing nutrient data.

(122) ORANGE CHICKEN	Total Carbohydrate (g)	
	Recipe	3.6 OZ
ORANGE CHICKEN	19.3911	19.3911
	19.3911	19.3911

* Total includes one or more missing nutrient data.

(7458) PEAS	Total Carbohydrate (g)	
	Recipe	4 OZ
PEAS	10.8862	10.8862
	10.8862	10.8862

* Total includes one or more missing nutrient data.



(9132) PEAS RECIPE 120/4OZ SERVINGS	Total Carbohydrate (g)	
	Recipe	4 OZ
ONION POWDER 1.25 LB	44.8602	0.3738
SALT FREE SEASONING	40.5046	0.3375
BUTTER (ROCKVIEW)	0	0
PEAS FROZEN	1902.0942	15.8508
Water	0	0
	1987.4591	16.5622

* Total includes one or more missing nutrient data.

(9125) PINTO BEANS RECIPE 100-4OZ SERVINGS	Total Carbohydrate (g)	
	Recipe	4 OZ
ONION POWDER 1.25 LB	22.4301 *	0.2243 *
SALT FREE SEASONING	20.2523 *	0.2025 *
BEANS, PINTO	0 *	0 *
SPICE CHILI POWDER 1 LB SHAKER	14.0897 *	0.1409 *
	56.7721 *	0.5677 *

* Total includes one or more missing nutrient data.

(127) PIZZA STICK RECIPE	Total Carbohydrate (g)	
	Recipe	EACH
PARMESAN CHEESE (GRATED)	1.9717	1.9717
PIZZA STICK RECIPE	29	29
GARLIC BUTTERMIST SPRAY	0.0016	0.0016
	30.9733	30.9733

* Total includes one or more missing nutrient data.

(sys-313) POPCORN CHICKEN	Total Carbohydrate (g)	
	Recipe	10 PIECES
POPCORN CHICKEN	12	12
	12	12

* Total includes one or more missing nutrient data.



(434) RAISINS 144 CT	Total Carbohydrate (g)	
	Recipe	BOX
RAISINS 144 CT	29	28.7747
	29	28.7747

* Total includes one or more missing nutrient data.

(9029) RANCH DRESSING	Total Carbohydrate (g)	
	Recipe	1 OZ
1 % WHITE MILK 8 OZ	128	0.9922
RANCH MIX	0	0
MAYO GALLON	120.9585	0.9377
	248.9585	1.9299

* Total includes one or more missing nutrient data.

(514) RANCH PACKET	Total Carbohydrate (g)	
	Recipe	1 EACH
RANCH PACKETS	0.9833	0.9833
	0.9833	0.9833

* Total includes one or more missing nutrient data.

(436) RED SALSA	Total Carbohydrate (g)	
	Recipe	2 OZ
RED SALSA	3.9103	3.9103
	3.9103	3.9103

* Total includes one or more missing nutrient data.

(9055) REFRIED BEANS RECIPE:105 SERVINGS	Total Carbohydrate (g)	
	Recipe	4 OZ
GARLIC POWDER	82.4744	0.7855
BEANS BLACK LO SODIUM	3117.1976	29.6876
SPICE CHILI POWDER 1 LB SHAKER	56.3588	0.5368
CUMIN	50.1673	0.4778
DICED ONION	84.731	0.807
Water	0	0
	3390.9291	32.2946

* Total includes one or more missing nutrient data.



(1028) RIPS, CHERRY LIMEADE 60 SRV PER CS	Total Carbohydrate (g)	
	Recipe	EACH
RIPS, CHERRY LIMEADE 60 SRV PER CS	14.9999	14.9999
	14.9999	14.9999

* Total includes one or more missing nutrient data.

(sys-192) ROSATI FROZEN CUPS (VARIETY)	Total Carbohydrate (g)	
	Recipe	EACH
ROSATI FROZEN CUPS (VARIETY)	25.0043	0.2807
	25.0043	0.2807

* Total includes one or more missing nutrient data.

(123) ROTINI PASTA	Total Carbohydrate (g)	
	Recipe	4 OZ
ROTINI PASTA	13.4422	13.4422
	13.4422	13.4422

* Total includes one or more missing nutrient data.

(1041) RV FF CHOCOLATE MILK 8 OZ	Total Carbohydrate (g)	
	Recipe	1 EACH
RV FF CHOCOLATE MILK 8 OZ	23.0001	23.0001
	23.0001	23.0001

* Total includes one or more missing nutrient data.

(23) SHREDDED ROMAINE LETTUCE	Total Carbohydrate (g)	
	Recipe	4 OZ
SHREDDED ROMAINE LETTUCE	0.7732	0.7732
	0.7732	0.7732

* Total includes one or more missing nutrient data.



(sys-54) SIDEKICK SOUR CHERRY LEMON	Total Carbohydrate (g)	
	Recipe	EACH
SIDEKICK SOUR CHERRY LEMON	22	22
	22	22

* Total includes one or more missing nutrient data.

(1042) SOUR CREAM	Total Carbohydrate (g)	
	Recipe	2 TBSP
SOUR CREAM	1.3126	1.3126
	1.3126	1.3126

* Total includes one or more missing nutrient data.

(152) SPICY GRILLED CHEESE	Total Carbohydrate (g)	
	Recipe	EACH
SPICY GRILLED CHEESE	31.7999	31.7999
	31.7999	31.7999

* Total includes one or more missing nutrient data.

(933) STRAWBERRY MILK	Total Carbohydrate (g)	
	Recipe	Each
MILK, STRAWBERRY SPLASH NONFAT 8OZ	0 *	0 *
	0 *	0 *

* Total includes one or more missing nutrient data.

(9020) SWEET BBQ BEANS	Total Carbohydrate (g)	
	Recipe	4 OZ
DEHYDRATED ONION SPICE	44.8602	0.4486
BROWN SUGAR	56.4722	0.5647
VEGETARIAN BEANS	1953.3486	19.5335
BBQ SAUCE GALLON	110.3331	1.1033
MUSTARD GALLON	3.4019	0.034
	2168.4161	21.6842

* Total includes one or more missing nutrient data.



(528) SYRUP PACKET	Total Carbohydrate (g)	
	Recipe	EACH
SYRUP PACKET	16	16
	16	16

* Total includes one or more missing nutrient data.

(529) TACO SAUCE PACKET	Total Carbohydrate (g)	
	Recipe	EACH
TACO SAUCE PACKET	1	1
	1	1

* Total includes one or more missing nutrient data.

(408) TATER TOTS	Total Carbohydrate (g)	
	Recipe	2.52 OZ
TATER TOTS	16	16
	16	16

* Total includes one or more missing nutrient data.

(25) TOMATO DICED	Total Carbohydrate (g)	
	Recipe	4 OZ
TOMATO DICED	4.4112	4.4112
	4.4112	4.4112

* Total includes one or more missing nutrient data.

(711) TOMATO SLICES	Total Carbohydrate (g)	
	Recipe	4 OZ
TOMATO SLICES	4.4112	4.4112
	4.4112	4.4112

* Total includes one or more missing nutrient data.

(494) TORTILLA CHIPS IW	Total Carbohydrate (g)	
	Recipe	EACH
TORTILLA CHIPS IW	31	31
	31	31

* Total includes one or more missing nutrient data.



(1001) TURKEY HAM & CHEESE CROISSANT	Total Carbohydrate (g)	
	Recipe	EACH
TURKEY HAM & CHEESE CROISSANT	30	30
	30	30

* Total includes one or more missing nutrient data.

(sys-310) WG APPLE CHURROS	Total Carbohydrate (g)	
	Recipe	EACH
WG APPLE CHURROS	27	27
	27	27

* Total includes one or more missing nutrient data.

(104) WG BEAN AND CHEESE BURRITO IW	Total Carbohydrate (g)	
	Recipe	EACH
WG BEAN AND CHEESE BURRITO IW	46.9999	46.9999
	46.9999	46.9999

* Total includes one or more missing nutrient data.

(sys-336) WG BREADSTICKS GARLIC	Total Carbohydrate (g)	
	Recipe	1.19OZ
WG BREADSTICKS GARLIC	15	15
	15	15

* Total includes one or more missing nutrient data.

(619) WHOLE WHEAT FLOUR TORTILLA 8"	Total Carbohydrate (g)		
	Recipe	2 EACH	EACH
WHOLE WHEAT FLOUR TORTILLA 8"	0 *	0 *	0 *
	0 *	0 *	0 *

* Total includes one or more missing nutrient data.

(131) WOWBUTTER SANDWICH	Total Carbohydrate (g)	
	Recipe	Each
WOWBUTTER SANDWICH	55	55

* Total includes one or more missing nutrient data.



(131) WOWBUTTER SANDWICH	Total Carbohydrate (g)	
	Recipe	Each
	55	55

* Total includes one or more missing nutrient data.

(9015) YAMI YOGURT, STRING CHEESE, AND SAVORY CRACKERS ENTREE	Total Carbohydrate (g)	
	Recipe	SERVING
SAVORY BITE CRACKERS	30	30
YAMI YOGURT 4 OZ	20	20
STRING CHEESE	1	1
	51	51

* Total includes one or more missing nutrient data.

FILTERS	
Name(s)	Value(s)
Date Range	(Start = 10/1/2021, End = 10/30/2021)
Menu Plans	(Elementary Lunch 2021/2022, Middle School Lunch 2021/2022)
Nutrients	(Total Carbohydrate)