



Adelanto Elementary School District

(1040) 1 % WHITE MILK 8 OZ	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	1 EACH	Recipe	1 EACH	Recipe	1 EACH	Recipe	1 EACH
1 % WHITE MILK 8 OZ	119.9998	119.9998	1.5	1.5	134.9999	134.9999	16	16
	119.9998	119.9998	1.5	1.5	134.9999	134.9999	16	16

* Total includes one or more missing nutrient data.

(sys-323) APPLE CINNAMON MINI MUFFIN	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	EACH	Recipe	EACH	Recipe	EACH	Recipe	EACH
APPLE CINNAMON MINI MUFFIN	116.9999	116.9999	0.4	0.4	73.9999	73.9999	19.5	19.5
	116.9999	116.9999	0.4	0.4	73.9999	73.9999	19.5	19.5

* Total includes one or more missing nutrient data.

(1049) APPLE JUICE 8 OZ	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	EACH	Recipe	EACH	Recipe	EACH	Recipe	EACH
APPLE JUICE 8 OZ	109.9999	109.9999	0	0	4.9999	4.9999	28	28
	109.9999	109.9999	0	0	4.9999	4.9999	28	28

* Total includes one or more missing nutrient data.

(443) APPLE SLICES	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	EACH	Recipe	EACH	Recipe	EACH	Recipe	EACH
APPLE SLICES	29.5969	29.5969	0.017	0.017	0.6237	0.6237	7.8301	7.8301
	29.5969	29.5969	0.017	0.017	0.6237	0.6237	7.8301	7.8301

* Total includes one or more missing nutrient data.

(451) BABY CARROTS	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	EACH	Recipe	EACH	Recipe	EACH	Recipe	EACH
BABY CARROTS	29.767	29.767	0.0196	0.0196	66.3378	66.3378	7.008	7.008
	29.767	29.767	0.0196	0.0196	66.3378	66.3378	7.008	7.008

* Total includes one or more missing nutrient data.



(446) BANANA	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	EACH	Recipe	EACH	Recipe	EACH	Recipe	EACH
BANANA	72.09	72.09	0.0907	0.0907	0.81	0.81	18.5004	18.5004
	72.09	72.09	0.0907	0.0907	0.81	0.81	18.5004	18.5004

* Total includes one or more missing nutrient data.

(sys-309) CAPRI SUN	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	EACH	Recipe	EACH	Recipe	EACH	Recipe	EACH
CAPRI SUN	79.9999	79.9999	0	0	25	25	21	21
	79.9999	79.9999	0	0	25	25	21	21

* Total includes one or more missing nutrient data.

(732) CELERY STICKS	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	4 OZ	Recipe	4 OZ	Recipe	4 OZ	Recipe	4 OZ
CELERY STICKS	15.8757	15.8757	0.0476	0.0476	90.7184	90.7184	3.3679	3.3679
	15.8757	15.8757	0.0476	0.0476	90.7184	90.7184	3.3679	3.3679

* Total includes one or more missing nutrient data.

(sys-152) CHEESE CUBES	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	EACH	Recipe	EACH	Recipe	EACH	Recipe	EACH
CHEESE CUBES	89.9999	89.9999	4.5	4.5	189.9999	189.9999	0	0
	89.9999	89.9999	4.5	4.5	189.9999	189.9999	0	0

* Total includes one or more missing nutrient data.

(305) CHEEZ-ITS	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	EACH	Recipe	EACH	Recipe	EACH	Recipe	EACH
CHEEZ-ITS	100	100	1	1	150	150	14	14
	100	100	1	1	150	150	14	14

* Total includes one or more missing nutrient data.

(916) CHILI LIME BABY CARROTS	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	EACH	Recipe	EACH	Recipe	EACH	Recipe	EACH
CHILI LIME BABY CARROTS	24.8058	24.8058	0.0163	0.0163	55.2815	55.2815	5.84	5.84
	24.8058	24.8058	0.0163	0.0163	55.2815	55.2815	5.84	5.84

* Total includes one or more missing nutrient data.



(1331) CHOCOLATE BEAR GRAHAM	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	EACH	Recipe	EACH	Recipe	EACH	Recipe	EACH
CHOCOLATE BEAR GRAHAM	110	110	0.5	0.5	95	95	21	21
	110	110	0.5	0.5	95	95	21	21

* Total includes one or more missing nutrient data.

(sys-273) CHOCOLATE BELLY BEARS 200/CS	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	EACH	Recipe	EACH	Recipe	EACH	Recipe	EACH
CHOCOLATE BELLY BEARS 200/CS	120	120	0	0	85	85	20	20
	120	120	0	0	85	85	20	20

* Total includes one or more missing nutrient data.

(1400) CHOCOLATE CARAMEL CHEX MIX	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	EACH	Recipe	EACH	Recipe	EACH	Recipe	EACH
CHOCOLATE CARAMEL CHEX MIX	120	120	1	1	65	65	21	21
	120	120	1	1	65	65	21	21

* Total includes one or more missing nutrient data.

(sys-217) DONUT WG SUPER IW	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	EACH	Recipe	EACH	Recipe	EACH	Recipe	EACH
DONUT WG SUPER IW	149.9999	149.9999	1.5	1.5	189.9998	189.9998	23	23
	149.9999	149.9999	1.5	1.5	189.9998	189.9998	23	23

* Total includes one or more missing nutrient data.

(475) FRESH PEAR	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	EACH	Recipe	EACH	Recipe	EACH	Recipe	EACH
FRESH PEAR	94.62	94.62	0.0365	0.0365	1.66	1.66	25.2818	25.2818
	94.62	94.62	0.0365	0.0365	1.66	1.66	25.2818	25.2818

* Total includes one or more missing nutrient data.

(703) FRESH PLUM	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	EACH	Recipe	EACH	Recipe	EACH	Recipe	EACH
FRESH PLUM	75.9	75.9	0.028	0.028	0	0	18.843	18.843

* Total includes one or more missing nutrient data.



(703) FRESH PLUM	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	EACH	Recipe	EACH	Recipe	EACH	Recipe	EACH
	75.9	75.9	0.028	0.028	0	0	18.843	18.843

* Total includes one or more missing nutrient data.

(715) FRESH TANGERINE	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	EACH	Recipe	EACH	Recipe	EACH	Recipe	EACH
FRESH TANGERINE	46.64	46.64	0.0343	0.0343	1.76	1.76	11.7392	11.7392
	46.64	46.64	0.0343	0.0343	1.76	1.76	11.7392	11.7392

* Total includes one or more missing nutrient data.

(1462) GRAPE ESCAPES	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	EACH	Recipe	EACH	Recipe	EACH	Recipe	EACH
GRAPE ESCAPES	44.9999	44.9999	0	0	8	8	11	11
	44.9999	44.9999	0	0	8	8	11	11

* Total includes one or more missing nutrient data.

(7856) HUMMUS CUPS	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	EACH	Recipe	EACH	Recipe	EACH	Recipe	EACH
HUMMUS CUPS	140	140	1	1	280	280	12	12
	140	140	1	1	280	280	12	12

* Total includes one or more missing nutrient data.

(306) JUNGLE CRACKERS	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	EACH	Recipe	EACH	Recipe	EACH	Recipe	EACH
JUNGLE CRACKERS	130	130	0	0	95	95	20	20
	130	130	0	0	95	95	20	20

* Total includes one or more missing nutrient data.

(311) MINI CHOCOLATE CHIP MUFFIN	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	EACH	Recipe	EACH	Recipe	EACH	Recipe	EACH
MINI CHOCOLATE CHIP MUFFIN	118	118	0.6	0.6	74	74	19.8	19.8
	118	118	0.6	0.6	74	74	19.8	19.8

* Total includes one or more missing nutrient data.



(300) MINI MAPLE BAR	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	EACH	Recipe	EACH	Recipe	EACH	Recipe	EACH
BENEFIT BAR, MINI MAPLE BROWN SUGAR	140	140	1	1	115	115	24	24
	140	140	1	1	115	115	24	24

* Total includes one or more missing nutrient data.

(301) MINI OATMEAL CHOCOLATE CHIP BAR	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	EACH	Recipe	EACH	Recipe	EACH	Recipe	EACH
BENEFIT BAR, MINI OATMEAL CHOCOLATE CHIP	140	140	1.5	1.5	115	115	24	24
	140	140	1.5	1.5	115	115	24	24

* Total includes one or more missing nutrient data.

(30) RANCH BABY CARROTS	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	EACH	Recipe	EACH	Recipe	EACH	Recipe	EACH
RANCH BABY CARROTS	24.8058	24.8058	0.0163	0.0163	55.2815	55.2815	5.84	5.84
	24.8058	24.8058	0.0163	0.0163	55.2815	55.2815	5.84	5.84

* Total includes one or more missing nutrient data.

(514) RANCH PACKET	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	1 EACH	Recipe	1 EACH	Recipe	1 EACH	Recipe	1 EACH
RANCH PACKETS	49.3016	49.3016	0.7528	0.7528	106.2488	106.2488	0.9833	0.9833
	49.3016	49.3016	0.7528	0.7528	106.2488	106.2488	0.9833	0.9833

* Total includes one or more missing nutrient data.

(709) RED APPLE	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	EACH	Recipe	EACH	Recipe	EACH	Recipe	EACH
RED APPLE	80.388	80.388	0.0462	0.0462	1.694	1.694	21.2674	21.2674
	80.388	80.388	0.0462	0.0462	1.694	1.694	21.2674	21.2674

* Total includes one or more missing nutrient data.



(308) RICE KRISPY	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	EACH	Recipe	EACH	Recipe	EACH	Recipe	EACH
RICE KRISPY	160	160	1.5	1.5	60	60	30	30
	160	160	1.5	1.5	60	60	30	30

* Total includes one or more missing nutrient data.

(1041) RV FF CHOCOLATE MILK 8 OZ	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	1 EACH	Recipe	1 EACH	Recipe	1 EACH	Recipe	1 EACH
RV FF CHOCOLATE MILK 8 OZ	119.9998	119.9998	0	0	199.9998	199.9998	23.0001	23.0001
	119.9998	119.9998	0	0	199.9998	199.9998	23.0001	23.0001

* Total includes one or more missing nutrient data.

(309) SAVORY BITE CRACKERS	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	EACH	Recipe	EACH	Recipe	EACH	Recipe	EACH
SAVORY BITE CRACKERS	170	170	1	1	370	370	30	30
	170	170	1	1	370	370	30	30

* Total includes one or more missing nutrient data.

(959) STRAWBERRY CHEX MIX	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each
STRAWBERRY CHEX MIX	120	120	1	1	55	55	23	23
	120	120	1	1	55	55	23	23

* Total includes one or more missing nutrient data.

(sys-308) SUN BUTTER CUP	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	EACH	Recipe	EACH	Recipe	EACH	Recipe	EACH
SUN BUTTER CUP	199.9998	199.9998	2	2	119.9999	119.9999	7	7
	199.9998	199.9998	2	2	119.9999	119.9999	7	7

* Total includes one or more missing nutrient data.

(3150) TRIX YOGURT	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	EACH	Recipe	EACH	Recipe	EACH	Recipe	EACH
TRIX YOGURT	99.9999	99.9999	0.5	0.5	50	50	20	20
	99.9999	99.9999	0.5	0.5	50	50	20	20

* Total includes one or more missing nutrient data.



(sys-195) WG GOLDFISH PRETZELS 300SRV	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	PACKAGE	Recipe	PACKAGE	Recipe	PACKAGE	Recipe	PACKAGE
WG GOLDFISH PRETZELS 300SRV	90	90	0	0	200	200	16	16
	90	90	0	0	200	200	16	16

* Total includes one or more missing nutrient data.

FILTERS	
Name(s)	Value(s)
Date Range	(Start = 9/1/2021, End = 9/30/2021)
Menu Plans	(Snack 2021/2022, FFVP 2021/2022)
Nutrients	(Calories, Total Carbohydrate, Sodium, Saturated Fat)