



## Adelanto Elementary School District

(1040) 1 % WHITE MILK 8 OZ	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	1 EACH	Recipe	1 EACH	Recipe	1 EACH	Recipe	1 EACH
1 % WHITE MILK 8 OZ	119.9998	119.9998	1.5	1.5	134.9999	134.9999	16	16
	<b>119.9998</b>	<b>119.9998</b>	<b>1.5</b>	<b>1.5</b>	<b>134.9999</b>	<b>134.9999</b>	<b>16</b>	<b>16</b>

\* Total includes one or more missing nutrient data.

(1054) APPLE JUICE 4OZ	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	1 EACH	Recipe	1 EACH	Recipe	1 EACH	Recipe	1 EACH
APPLE JUICE 4OZ	59.9999	59.9999	0	0	0	0	14	14
	<b>59.9999</b>	<b>59.9999</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>14</b>	<b>14</b>

\* Total includes one or more missing nutrient data.

(443) APPLE SLICES	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	EACH	Recipe	EACH	Recipe	EACH	Recipe	EACH
APPLE SLICES	29.5969	29.5969	0.017	0.017	0.6237	0.6237	7.8301	7.8301
	<b>29.5969</b>	<b>29.5969</b>	<b>0.017</b>	<b>0.017</b>	<b>0.6237</b>	<b>0.6237</b>	<b>7.8301</b>	<b>7.8301</b>

\* Total includes one or more missing nutrient data.

(412) APPLESAUCE CUPS	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	EACH	Recipe	EACH	Recipe	EACH	Recipe	EACH
APPLESAUCE CUPS	53.3254	53.3254	0	0	2.0794	2.0794	14.6326	14.6326
	<b>53.3254</b>	<b>53.3254</b>	<b>0</b>	<b>0</b>	<b>2.0794</b>	<b>2.0794</b>	<b>14.6326</b>	<b>14.6326</b>

\* Total includes one or more missing nutrient data.

(451) BABY CARROTS	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	EACH	Recipe	EACH	Recipe	EACH	Recipe	EACH
BABY CARROTS	29.767	29.767	0.0196	0.0196	66.3378	66.3378	7.008	7.008
	<b>29.767</b>	<b>29.767</b>	<b>0.0196</b>	<b>0.0196</b>	<b>66.3378</b>	<b>66.3378</b>	<b>7.008</b>	<b>7.008</b>

\* Total includes one or more missing nutrient data.



(sys-42) BEAN AND CHEESE CHIMINADA	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	EACH	Recipe	EACH	Recipe	EACH	Recipe	EACH
BEAN AND CHEESE CHIMINADA	239.1989	239.1989	0.9967	0.9967	468.4312	468.4312	39.8665	39.8665
	<b>239.1989</b>	<b>239.1989</b>	<b>0.9967</b>	<b>0.9967</b>	<b>468.4312</b>	<b>468.4312</b>	<b>39.8665</b>	<b>39.8665</b>

\* Total includes one or more missing nutrient data.

(951) BEEF DOUBLE DOGS	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	SERVING	Recipe	SERVING	Recipe	SERVING	Recipe	SERVING
BEEF DOUBLE DOGS	322.9997	322.9997	2.9999	2.9999	419.9997	419.9997	41	41
	<b>322.9997</b>	<b>322.9997</b>	<b>2.9999</b>	<b>2.9999</b>	<b>419.9997</b>	<b>419.9997</b>	<b>41</b>	<b>41</b>

\* Total includes one or more missing nutrient data.

(7007) BEEF TACO STICK	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each
BEEF TACO STICK	345.01	345.01	8.35	8.35	630.69	630.69	31.87	31.87
	<b>345.01</b>	<b>345.01</b>	<b>8.35</b>	<b>8.35</b>	<b>630.69</b>	<b>630.69</b>	<b>31.87</b>	<b>31.87</b>

\* Total includes one or more missing nutrient data.

(732) CELERY STICKS	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	4 OZ	Recipe	4 OZ	Recipe	4 OZ	Recipe	4 OZ
CELERY STICKS	15.8757	15.8757	0.0476	0.0476	90.7184	90.7184	3.3679	3.3679
	<b>15.8757</b>	<b>15.8757</b>	<b>0.0476</b>	<b>0.0476</b>	<b>90.7184</b>	<b>90.7184</b>	<b>3.3679</b>	<b>3.3679</b>

\* Total includes one or more missing nutrient data.

(105) CHEESE STUFFED STICKS	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	2 EACH	Recipe	2 EACH	Recipe	2 EACH	Recipe	2 EACH
CHEESE STUFFED STICKS	294.9579	294.9579	5.8991	5.8991	481.7647	481.7647	29.4958	29.4958
	<b>294.9579</b>	<b>294.9579</b>	<b>5.8991</b>	<b>5.8991</b>	<b>481.7647</b>	<b>481.7647</b>	<b>29.4958</b>	<b>29.4958</b>

\* Total includes one or more missing nutrient data.

(995) CHEESEBURGER SLIDERS	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	EACH	Recipe	EACH	Recipe	EACH	Recipe	EACH
CHEESEBURGER SLIDERS	272	272	2.9	2.9	355	355	31.3	31.3
	<b>272</b>	<b>272</b>	<b>2.9</b>	<b>2.9</b>	<b>355</b>	<b>355</b>	<b>31.3</b>	<b>31.3</b>

\* Total includes one or more missing nutrient data.



(sys-153) CHICKEN RICE & CHEESE BURRITO	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	1 EACH	Recipe	1 EACH	Recipe	1 EACH	Recipe	1 EACH
CHICKEN RICE & CHEESE BURRITO	0.1529	4.3333	0.0014	0.0384	0.2162	6.1282	0.0167	0.4743
	<b>0.1529</b>	<b>4.3333</b>	<b>0.0014</b>	<b>0.0384</b>	<b>0.2162</b>	<b>6.1282</b>	<b>0.0167</b>	<b>0.4743</b>

\* Total includes one or more missing nutrient data.

(9009) CHILI CHEESE FLAQUITO	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	EACH	Recipe	EACH	Recipe	EACH	Recipe	EACH
CHILI CHEESE FLAQUITO	337.9997	337.9997	5.5	5.5	382.9997	382.9997	30.9999	30.9999
	<b>337.9997</b>	<b>337.9997</b>	<b>5.5</b>	<b>5.5</b>	<b>382.9997</b>	<b>382.9997</b>	<b>30.9999</b>	<b>30.9999</b>

\* Total includes one or more missing nutrient data.

(sys-324) CHILI CHEESE WRAP	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	EACH	Recipe	EACH	Recipe	EACH	Recipe	EACH
CHILI CHEESE WRAP	299.9998	299.9998	3	3	589.9995	589.9995	35	35
	<b>299.9998</b>	<b>299.9998</b>	<b>3</b>	<b>3</b>	<b>589.9995</b>	<b>589.9995</b>	<b>35</b>	<b>35</b>

\* Total includes one or more missing nutrient data.

(9016) COOKED BROCCOLI RECIPE 64/4OZ SERVINGS	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	4 OZ	Recipe	4 OZ	Recipe	4 OZ	Recipe	4 OZ
SALT FREE SEASONING	25.1222	0.2512	0.58	0.0058	44.1005	0.441	40.5046	0.405
BUTTER (ROCKVIEW)	565.856	5.6586	38.9193	0.3892	40.8233	0.4082	0	0
BROCCOLI	1922.8393	19.2284	0	0	1627.0132	16.2701	369.7776	3.6978
	<b>2513.8175</b>	<b>25.1382</b>	<b>39.4994</b>	<b>0.395</b>	<b>1711.9369</b>	<b>17.1194</b>	<b>410.2822</b>	<b>4.1028</b>

\* Total includes one or more missing nutrient data.

(9014) COOKED CORN RECIPE 100-4OZ SERVINGS	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	4 OZ	Recipe	4 OZ	Recipe	4 OZ	Recipe	4 OZ
BUTTER (ROCKVIEW)	565.856	5.3383	38.9193	0.3672	40.8233	0.3851	0	0
CORN (CANNED)	7692.9203	72.5747	9.2555	0.0873	1442.4226	13.6078	1852.311	17.4746
BLACK PEPPER	71.1572	0.6713	0.3946	0.0037	5.6699	0.0535	18.1295	0.171
	<b>8329.9336</b>	<b>78.5843</b>	<b>48.5695</b>	<b>0.4582</b>	<b>1488.9157</b>	<b>14.0464</b>	<b>1870.4405</b>	<b>17.6457</b>

\* Total includes one or more missing nutrient data.



(101) CORNDOG	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	EACH	Recipe	EACH	Recipe	EACH	Recipe	EACH
CORNDOG	280	280	3.4999	3.4999	660	660	31	31
	<b>280</b>	<b>280</b>	<b>3.4999</b>	<b>3.4999</b>	<b>660</b>	<b>660</b>	<b>31</b>	<b>31</b>

\* Total includes one or more missing nutrient data.

(996) CRINKLE CUT FRIES	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	3 OZ	Recipe	3 OZ	Recipe	3 OZ	Recipe	3 OZ
CRINKLE CUT FRIES	130.0742	130.0742	0	0	30.0171	30.0171	20.0114	20.0114
	<b>130.0742</b>	<b>130.0742</b>	<b>0</b>	<b>0</b>	<b>30.0171</b>	<b>30.0171</b>	<b>20.0114</b>	<b>20.0114</b>

\* Total includes one or more missing nutrient data.

(1022) DICED PEACHES	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	4 OZ	Recipe	4 OZ	Recipe	4 OZ	Recipe	4 OZ
DICED PEACHES	49.8951	49.8951	0.0045	0.0045	4.5359	4.5359	13.1201	13.1201
	<b>49.8951</b>	<b>49.8951</b>	<b>0.0045</b>	<b>0.0045</b>	<b>4.5359</b>	<b>4.5359</b>	<b>13.1201</b>	<b>13.1201</b>

\* Total includes one or more missing nutrient data.

(432) DICED PEARS	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	4 OZ	Recipe	4 OZ	Recipe	4 OZ	Recipe	4 OZ
PEARS, DICED 6/#10	56.699	56.699	0.0045	0.0045	4.5359	4.5359	14.6737	14.6737
	<b>56.699</b>	<b>56.699</b>	<b>0.0045</b>	<b>0.0045</b>	<b>4.5359</b>	<b>4.5359</b>	<b>14.6737</b>	<b>14.6737</b>

\* Total includes one or more missing nutrient data.

(1462) GRAPE ESCAPES	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	EACH	Recipe	EACH	Recipe	EACH	Recipe	EACH
GRAPE ESCAPES	44.9999	44.9999	0	0	8	8	11	11
	<b>44.9999</b>	<b>44.9999</b>	<b>0</b>	<b>0</b>	<b>8</b>	<b>8</b>	<b>11</b>	<b>11</b>

\* Total includes one or more missing nutrient data.

(420) GREEN BEANS	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	4 OZ	Recipe	4 OZ	Recipe	4 OZ	Recipe	4 OZ
GREEN BEANS	23.5528	23.5528	0	0	206.1689	206.1689	4.4112	4.4112
	<b>23.5528</b>	<b>23.5528</b>	<b>0</b>	<b>0</b>	<b>206.1689</b>	<b>206.1689</b>	<b>4.4112</b>	<b>4.4112</b>

\* Total includes one or more missing nutrient data.



(6006) ITALIAN PINWHEEL SANDWICH	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	EACH	Recipe	EACH	Recipe	EACH	Recipe	EACH
ITALIAN PINWHEEL SANDWICH	279.9997	279.9997	5	5	599.9995	599.9995	28	28
	<b>279.9997</b>	<b>279.9997</b>	<b>5</b>	<b>5</b>	<b>599.9995</b>	<b>599.9995</b>	<b>28</b>	<b>28</b>

\* Total includes one or more missing nutrient data.

(7215) KETCHUP PACKET	Calories (kcal)			Saturated Fat (g)			Sodium (mg)			Total Carbohydrate (g)		
	Recipe	1 EACH	2 EACH	Recipe	1 EACH	2 EACH	Recipe	1 EACH	2 EACH	Recipe	1 EACH	2 EACH
KETCHUP PACKET	20	10	20	0	0	0	170	85	170	6	3	6
	<b>20</b>	<b>10</b>	<b>20</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>170</b>	<b>85</b>	<b>170</b>	<b>6</b>	<b>3</b>	<b>6</b>

\* Total includes one or more missing nutrient data.

(1069) MAC & CHEESE TRAY	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	EACH	Recipe	EACH	Recipe	EACH	Recipe	EACH
MAC & CHEESE TRAY	380	380	7.0001	7.0001	620	620	37.0001	37.0001
	<b>380</b>	<b>380</b>	<b>7.0001</b>	<b>7.0001</b>	<b>620</b>	<b>620</b>	<b>37.0001</b>	<b>37.0001</b>

\* Total includes one or more missing nutrient data.

(428) MARINARA SAUCE	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	2 OZ	Recipe	2 OZ	Recipe	2 OZ	Recipe	2 OZ
MARINARA SAUCE	26.5777	26.5777	0	0	172.7548	172.7548	4.4296	4.4296
	<b>26.5777</b>	<b>26.5777</b>	<b>0</b>	<b>0</b>	<b>172.7548</b>	<b>172.7548</b>	<b>4.4296</b>	<b>4.4296</b>

\* Total includes one or more missing nutrient data.

(520) MAYO PACKET	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	1 EACH	Recipe	1 EACH	Recipe	1 EACH	Recipe	1 EACH
MAYO PACKET	70	70	1	1	45	45	0	0
	<b>70</b>	<b>70</b>	<b>1</b>	<b>1</b>	<b>45</b>	<b>45</b>	<b>0</b>	<b>0</b>

\* Total includes one or more missing nutrient data.

(9041) MEXICORN	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	4 OZ	Recipe	4 OZ	Recipe	4 OZ	Recipe	4 OZ
PARMESAN CHEESE (GRATED)	714.4074	9.5254	26.1456	0.3486	3068.5499	40.914	23.6605	0.3155
CORN (CANNED)	5769.6902	76.9292	6.9417	0.0926	1081.8169	14.4242	1389.2332	18.5231

\* Total includes one or more missing nutrient data.



(9041) MEXICORN	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	4 OZ	Recipe	4 OZ	Recipe	4 OZ	Recipe	4 OZ
MAYO GALLON	1133.9799	15.1197	22.6797	0.3024	2267.9601	30.2395	22.6797	0.3024
TAJIN	113.398	1.512	0	0	10489.315	139.8575	0	0
	<b>7731.4755</b>	<b>103.0863</b>	<b>55.767</b>	<b>0.7436</b>	<b>16907.6419</b>	<b>225.4352</b>	<b>1435.5734</b>	<b>19.141</b>

\* Total includes one or more missing nutrient data.

(427) MIXED FRUIT	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	4 OZ	Recipe	4 OZ	Recipe	4 OZ	Recipe	4 OZ
MIXED FRUIT	52.1631	52.1631	0.0011	0.0011	4.5359	4.5359	13.449	13.449
	<b>52.1631</b>	<b>52.1631</b>	<b>0.0011</b>	<b>0.0011</b>	<b>4.5359</b>	<b>4.5359</b>	<b>13.449</b>	<b>13.449</b>

\* Total includes one or more missing nutrient data.

(524) MUSTARD PACKET	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	1 EACH	Recipe	1 EACH	Recipe	1 EACH	Recipe	1 EACH
MUSTARD PACKET	0	0	0	0	65	65	0	0
	<b>0</b>	<b>0</b>	<b>0</b>	<b>0</b>	<b>65</b>	<b>65</b>	<b>0</b>	<b>0</b>

\* Total includes one or more missing nutrient data.

(7458) PEAS	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	4 OZ	Recipe	4 OZ	Recipe	4 OZ	Recipe	4 OZ
PEAS	63.5029	63.5029	0	0	335.6581	335.6581	10.8862	10.8862
	<b>63.5029</b>	<b>63.5029</b>	<b>0</b>	<b>0</b>	<b>335.6581</b>	<b>335.6581</b>	<b>10.8862</b>	<b>10.8862</b>

\* Total includes one or more missing nutrient data.

(sys-137) PEPPERONI CALZONE	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	EACH	Recipe	EACH	Recipe	EACH	Recipe	EACH
WG TURKEY PEPP CALZONE IW 80CS	339.9997	339.9997	7	7	589.9995	589.9995	38.9999	38.9999
	<b>339.9997</b>	<b>339.9997</b>	<b>7</b>	<b>7</b>	<b>589.9995</b>	<b>589.9995</b>	<b>38.9999</b>	<b>38.9999</b>

\* Total includes one or more missing nutrient data.

(sys-321) PEPPERONI SLIDER	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	EACH	Recipe	EACH	Recipe	EACH	Recipe	EACH
PEPPERONI SLIDER	302.7001	302.7001	6.11	6.11	634.28	634.28	30.5901	30.5901
	<b>302.7001</b>	<b>302.7001</b>	<b>6.11</b>	<b>6.11</b>	<b>634.28</b>	<b>634.28</b>	<b>30.5901</b>	<b>30.5901</b>

\* Total includes one or more missing nutrient data.



(sys-306) PIZZA NADA	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	EACH	Recipe	EACH	Recipe	EACH	Recipe	EACH
PIZZA NADA	239.9998	239.9998	1.5	1.5	339.9997	339.9997	32	32
	<b>239.9998</b>	<b>239.9998</b>	<b>1.5</b>	<b>1.5</b>	<b>339.9997</b>	<b>339.9997</b>	<b>32</b>	<b>32</b>

\* Total includes one or more missing nutrient data.

(514) RANCH PACKET	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	1 EACH	Recipe	1 EACH	Recipe	1 EACH	Recipe	1 EACH
RANCH PACKETS	49.3016	49.3016	0.7528	0.7528	106.2488	106.2488	0.9833	0.9833
	<b>49.3016</b>	<b>49.3016</b>	<b>0.7528</b>	<b>0.7528</b>	<b>106.2488</b>	<b>106.2488</b>	<b>0.9833</b>	<b>0.9833</b>

\* Total includes one or more missing nutrient data.

(1112) REFRIED BEANS (INSTANT)	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	4 OZ	Recipe	4 OZ	Recipe	4 OZ	Recipe	4 OZ
REFRIED BEANS (INSTANT)	139.5667	139.5667	0.8723	0.8723	418.7003	418.7003	23.5519	23.5519
	<b>139.5667</b>	<b>139.5667</b>	<b>0.8723</b>	<b>0.8723</b>	<b>418.7003</b>	<b>418.7003</b>	<b>23.5519</b>	<b>23.5519</b>

\* Total includes one or more missing nutrient data.

(9055) REFRIED BEANS RECIPE:105 SERVINGS	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	4 OZ	Recipe	4 OZ	Recipe	4 OZ	Recipe	4 OZ
GARLIC POWDER	375.3474 *	3.5747 *	0.2824 *	0.0027 *	68.0388 *	0.648 *	82.4744 *	0.7855 *
BEANS, PINTO	0 *	0 *	0 *	0 *	0 *	0 *	0 *	0 *
SPICE CHILI POWDER 1 LB SHAKER	319.7824 *	3.0455 *	2.7919 *	0.0266 *	3251.1207 *	30.9631 *	56.3588 *	0.5368 *
CUMIN	425.2425 *	4.0499 *	1.7407 *	0.0166 *	190.5086 *	1.8144 *	50.1673 *	0.4778 *
DICED ONION	362.8736 *	3.4559 *	0.381 *	0.0036 *	36.2874 *	0.3456 *	84.731 *	0.807 *
Water	0 *	0 *	0 *	0 *	870.8966 *	8.2943 *	0 *	0 *
	<b>1483.2458 *</b>	<b>14.1262 *</b>	<b>5.1959 *</b>	<b>0.0495 *</b>	<b>4416.8521 *</b>	<b>42.0653 *</b>	<b>273.7314 *</b>	<b>2.607 *</b>

\* Total includes one or more missing nutrient data.

(1041) RV FF CHOCOLATE MILK 8 OZ	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	1 EACH	Recipe	1 EACH	Recipe	1 EACH	Recipe	1 EACH
RV FF CHOCOLATE MILK 8 OZ	119.9998	119.9998	0	0	199.9998	199.9998	23.0001	23.0001
	<b>119.9998</b>	<b>119.9998</b>	<b>0</b>	<b>0</b>	<b>199.9998</b>	<b>199.9998</b>	<b>23.0001</b>	<b>23.0001</b>

\* Total includes one or more missing nutrient data.



(421) SALSA BEANS 150-4OZ SERVINGS	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	4 OZ	Recipe	4 OZ	Recipe	4 OZ	Recipe	4 OZ
DEHYDRATED ONION SPICE	386.6872 *	3.6827 *	0.2381 *	0.0023 *	82.7805 *	0.7884 *	89.7205 *	0.8545 *
GARLIC POWDER	375.3474 *	3.5747 *	0.2824 *	0.0027 *	68.0388 *	0.648 *	82.4744 *	0.7855 *
BEANS, PINTO	0 *	0 *	0 *	0 *	0 *	0 *	0 *	0 *
RED SALSA	410.5795 *	3.9103 *	0 *	0 *	2874.0526 *	27.3719 *	82.1164 *	0.7821 *
	<b>1172.614 *</b>	<b>11.1678 *</b>	<b>0.5205 *</b>	<b>0.005 *</b>	<b>3024.872 *</b>	<b>28.8083 *</b>	<b>254.3112 *</b>	<b>2.422 *</b>

\* Total includes one or more missing nutrient data.

(1072) STRING CHEESE	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	EACH	Recipe	EACH	Recipe	EACH	Recipe	EACH
STRING CHEESE	80	80	3	3	200	200	1	1
	<b>80</b>	<b>80</b>	<b>3</b>	<b>3</b>	<b>200</b>	<b>200</b>	<b>1</b>	<b>1</b>

\* Total includes one or more missing nutrient data.

(9020) SWEET BBQ BEANS	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	4 OZ	Recipe	4 OZ	Recipe	4 OZ	Recipe	4 OZ
DEHYDRATED ONION SPICE	193.3436	1.9334	0.1191	0.0012	41.3903	0.4139	44.8602	0.4486
BROWN SUGAR	225.662	2.2566	0	0	0	0	56.4722	0.5647
VEGETARIAN BEANS	10745.9574	107.4596	0	0	13677.2503	136.7725	1953.3486	19.5335
BBQ SAUCE GALLON	429.0735	4.2907	0	0	1777.5903	17.7759	110.3331	1.1033
MUSTARD GALLON	39.6893	0.3969	0	0	578.3298	5.7833	3.4019	0.034
	<b>11633.7258</b>	<b>116.3373</b>	<b>0.1191</b>	<b>0.0012</b>	<b>16074.5607</b>	<b>160.7456</b>	<b>2168.4161</b>	<b>21.6842</b>

\* Total includes one or more missing nutrient data.

(151) TACO NADA	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each
TACO NADA	310.0001	310.0001	2.5001	2.5001	410	410	40	40
	<b>310.0001</b>	<b>310.0001</b>	<b>2.5001</b>	<b>2.5001</b>	<b>410</b>	<b>410</b>	<b>40</b>	<b>40</b>

\* Total includes one or more missing nutrient data.





(529) TACO SAUCE PACKET	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	EACH	Recipe	EACH	Recipe	EACH	Recipe	EACH
TACO SAUCE PACKET	5	5	0	0	95	95	1	1
	<b>5</b>	<b>5</b>	<b>0</b>	<b>0</b>	<b>95</b>	<b>95</b>	<b>1</b>	<b>1</b>

\* Total includes one or more missing nutrient data.

(408) TATER TOTS	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	2.52 OZ	Recipe	2.52 OZ	Recipe	2.52 OZ	Recipe	2.52 OZ
TATER TOTS	130	130	1	1	310	310	16	16
	<b>130</b>	<b>130</b>	<b>1</b>	<b>1</b>	<b>310</b>	<b>310</b>	<b>16</b>	<b>16</b>

\* Total includes one or more missing nutrient data.

(1017) TURKEY AND CHEESE SANDWICH IW	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	EACH	Recipe	EACH	Recipe	EACH	Recipe	EACH
TURKEY AND CHEESE SANDWICH IW	249.9999	249.9999	2.5	2.5	759.9994	759.9994	27	27
	<b>249.9999</b>	<b>249.9999</b>	<b>2.5</b>	<b>2.5</b>	<b>759.9994</b>	<b>759.9994</b>	<b>27</b>	<b>27</b>

\* Total includes one or more missing nutrient data.

(1001) TURKEY HAM & CHEESE CROISSANT	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	EACH	Recipe	EACH	Recipe	EACH	Recipe	EACH
TURKEY HAM & CHEESE CROISSANT	310	310	6	6	810	810	30	30
	<b>310</b>	<b>310</b>	<b>6</b>	<b>6</b>	<b>810</b>	<b>810</b>	<b>30</b>	<b>30</b>

\* Total includes one or more missing nutrient data.

(131) WOWBUTTER SANDWICH	Calories (kcal)		Saturated Fat (g)		Sodium (mg)		Total Carbohydrate (g)	
	Recipe	Each	Recipe	Each	Recipe	Each	Recipe	Each
WOWBUTTER SANDWICH	570	570	6	6	440	440	55	55
	<b>570</b>	<b>570</b>	<b>6</b>	<b>6</b>	<b>440</b>	<b>440</b>	<b>55</b>	<b>55</b>

\* Total includes one or more missing nutrient data.

#### FILTERS

Name(s)	Value(s)
Date Range	(Start = 9/1/2021, End = 9/30/2021)
Menu Plans	(Supper 2021/2022)
Nutrients	(Calories, Total Carbohydrate, Sodium, Saturated Fat)